

LION'S ROAR

News from Logan Elementary School

November 19, 2020

Principal's Corner

Greetings Logan Community,

Last week, my Principal's Corner visited a couple cold weather topics. This week, and in the coming weeks, I will stick with this theme as I continue to encourage kids and families to head outside in the winter, pandemic or no pandemic!

Let's visit one of the benefits from outdoor play, brought to you by Anne Dodds, Keystone STARTS Child Care Health Consultant.

Breathe Fresh Air

It's no secret that most parents blame winter air as the cause for colds and the flu. Although the viruses that cause flu and colds are more common in the winter months, the circulated air in closed environments is the main cause of your child getting sick. All of the bacteria, dirt, dander, and other germs simply get recycled through the air vents over and over. The more time you spend inside, the more you are exposed. Nothing is more refreshing than that first deep breath of cold, winter air before starting hours of fun with outdoor play. In fresh, outdoor air, children do not have to rebreathe the germs of the group, and the chance for spreading infection is reduced.

Tune in next week when Ms. Dodds shares with us how outdoor play helps strengthen our immune system.

And don't forget to send your child dressed to be outside. Lunch recess is 30 minutes long and hats, gloves and boots are a must! If you need any help at all with these items, please contact Ikani Fakasiieiki, Logan's Community Health Worker, in order to access our clothing bank. He can be reached by email at ikanif1@spokaneschools.org or by phone at 354-3450.

I wish you well,

Brent A. Perdue

Principal, brentp@spokaneschools.org

FREE Virtual Tutoring & Educational Support for K-12 Students in Spokane County Monday-Friday 3-6pm



Please schedule your student's 45 min. tutoring or educational support session 24 hours in advance by visiting www. PrioritySpokane.org and clicking on the blue circle.

Support sessions are conducted via Zoom by Gonzaga University students and retired educators. This service is provided by Gonzaga University and Priority Spokane. Volunteers can read with your child, direct them to educational resources, and/or provide tutoring. Students are limited to one session per week as capacity allows.



Attendance Hotline: 354-3496



Toothsavers Program Continues!

Last week Logan students received a dental cleaning and exam on site as part of Logan's Toothsavers program. Logan wishes to say thank you to Toothsavers for providing this important service to children of the Logan Neighborhood. They will be returning May 17 and 18 of 2021 for their next round of exams and cleanings.



Next Tuesday's 2nd Harvest Food Distribution Moved to Fairgrounds

2nd Harvest will have all hands on deck at the Spokane County Fair and Expo Center for Tom's Turkey Tuesday. Therefore, there will be no 2nd Harvest Distribution at Logan on Tuesday. **We will still have 5-Day Meal Kits and our Logan Family Dinner as usual!**



Here is more information about Tom's Turkey Tuesday:

Date: Tuesday, November 24

Time: 6 a.m. – 5 p.m. (or while supplies last) **Location:** Spokane County Fair and Expo Center, 404 N. Havana St., Spokane Valley, WA 99212

Pick up your Thanksgiving dinner ingredients to make a meal and memories for your family.

Spokane Transit Authority riders: Transit riders will be able to pick up turkey meal boxes at Second Harvest (1234 E. Front Ave.) from 10 a.m. to 5 p.m., or while supplies last. This distribution location will be accessible only to transit riders and walkers.

Who can be a Tom's Turkey Drive recipient? Anyone. We ask that you have one person per household pick up the meal during distribution.

Contents of the meal: Meals are designed to feed a family of four. Fresh contents include raw turkey, 5lb. bag of potatoes, 5lb. bag of apples, ½ gallon of Darigold milk, margarine, Franz crouton stuffing mix, and Franz dinner rolls. Canned goods include olives, cranberry sauce, mixed vegetables, mixed fruit, sweet potatoes and French's turkey gravy.

Drive-thru: The distribution at the Spokane County Fair and Expo Center is drive-thru only. Please remain in your vehicle as you progress through the line and follow guidance from volunteers. To protect the health and safety of guests, volunteers, service members and staff, please wear a mask at all times when interacting with anyone at this event.

Is ID required? No. ID is not required for pick-up.

Can I pick up a meal for a friend? Yes. Drive-thru recipients will be able to pick up for up to 3 additional households. The box is generously sized and supplies are limited, so guests are asked to pick up only 1 box per household.

How long does it take to get a meal? It will vary. During busy times, we ask for patience so that everyone may access a meal. Our goal is to keep wait time to 30 minutes or less. However, we can't guarantee a specific wait time.

Will there be a resource fair? No, unfortunately a resource fair is not possible with this event transitioning to a drive-thru.

Updated Mobile Meal Routes for 5-Day Meal Kits

Spokane Public Schools has updated bus routes across the city in response to usage and new area needs. Mobile Meals routes for the entire district can be found at www. spokaneschools.org/mobilemeals. Students do not need to attend the school associated with a particular route to pick up a 5-Day meal kit at that location. Here is the route for the Logan neighborhood:

	an neighborh	
Bus Stop		
W WAVERLY PL @ N WASHINGTON ST (CORBIN PARK		
	Arrive	Depart
	3:19 p.m.	3:24 p.m.
Bus Stop		
N ASTOR ST @ E CLEVELAND AV		
	Arrive	Depart
	3:29 p.m.	3:34 p.m.
Bus Stop		
E LIBERTY AV @ N MAYFAIR ST		
	Arrive	Depart
	3:37 p.m.	3:42 p.m.
Bus Stop		
E JACKSO	N AV @ N HAVEN ST	
	Arrive	Depart
	Arrive 3:52 p.m.	Depart 4:02 p.m.
Bus Stop	1.00.00	
•	1.00.00	4:02 p.m.
•	3:52 p.m.	4:02 p.m.
•	3:52 p.m.	4:02 p.m.

N ADDISON ST @ E SINTO AV

Arrive

4:17 p.m.

Depart

4:22 p.m.